

Think of a question
your classmates
might have about
today's
presentation.



Students, write your response!



Pear Deck

Pear Deck Interactive Slide

Do not remove this bar

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Encouraging a Growth Mindset

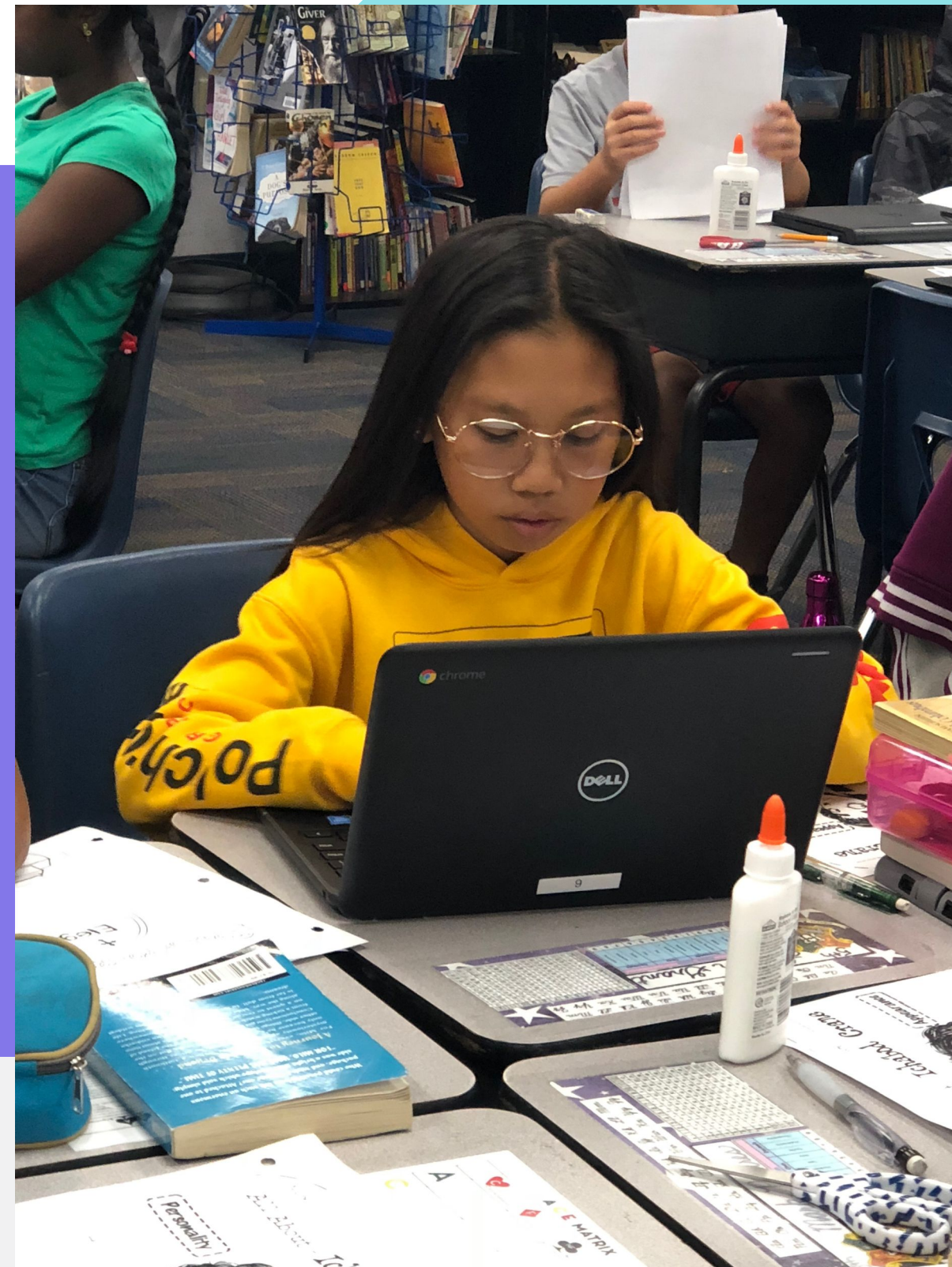
By Kim Baljet



Self-Assessment

Do you think the statements are true or false?

- You are born smart or dumb
- Truly smart people don't need to try hard
- Once you graduate college, your brain won't learn as fast
- We only use 10% of our brain
- Our brains were made to grow
- Your IQ is more important than your work-ethic
- Your work-ethic is more important than your IQ
- IQ doesn't really exist



Fixed Mindset vs Growth Mindset

CHARACTERISTICS OF A FIXED MINDSET	CHARACTERISTICS OF A GROWTH MINDSET
<ul style="list-style-type: none">• Believes that intelligence and talent are fixed• Believes effort is fruitless• Believes failures define who they are• Hidden flaws• Avoids challenges• Ignores feedback• Views feedback as personal criticism• Feels threatened by other's success	<ul style="list-style-type: none">• Believes intelligence and talents can be developed• Believes effort is the path to mastery• Believes mistakes are part of learning• Views failure as an opportunity• Believes failures are temporary• Embraces challenges• Welcomes feedback• Views other's success as inspirational



Students, drag the icon!



But aren't some people naturally smarter than others?

Yes and no.

People are born with unique genetic structures, meaning they are initially better than others at different things.

However, those with a growth mindset believe that one can always improve, catch up, or even surpass others' natural talents. This is where teachers play a crucial role in shaping a student's confidence and outlook on school through productive, continuous feedback. It is crucial that "teachers who understand the growth mindset do everything in their power to unlock that learning," (Dweck, 2015).



Every Movement has it's champion... and the champion of
Growth Mindset is Carol Dweck

How to change a fixed mindset



[What she has said in response to the education community embracing her research.](#)

Houston, We Have a Problem!

Children's mindsets about intelligence (as a quality they can grow vs. a trait they cannot change) robustly influence their motivation and achievement. How do adults foster “growth mindsets” in children? One might assume that adults act in ways that communicate their own mindsets to children. However, new research shows that many parents and teachers with growth mindsets are not passing them on.

The Origins of Children's Growth and Fixed Mindsets: New Research and a New Proposal

[Kyla Haimovitz](#) [Carol S. Dweck](#)

Why?

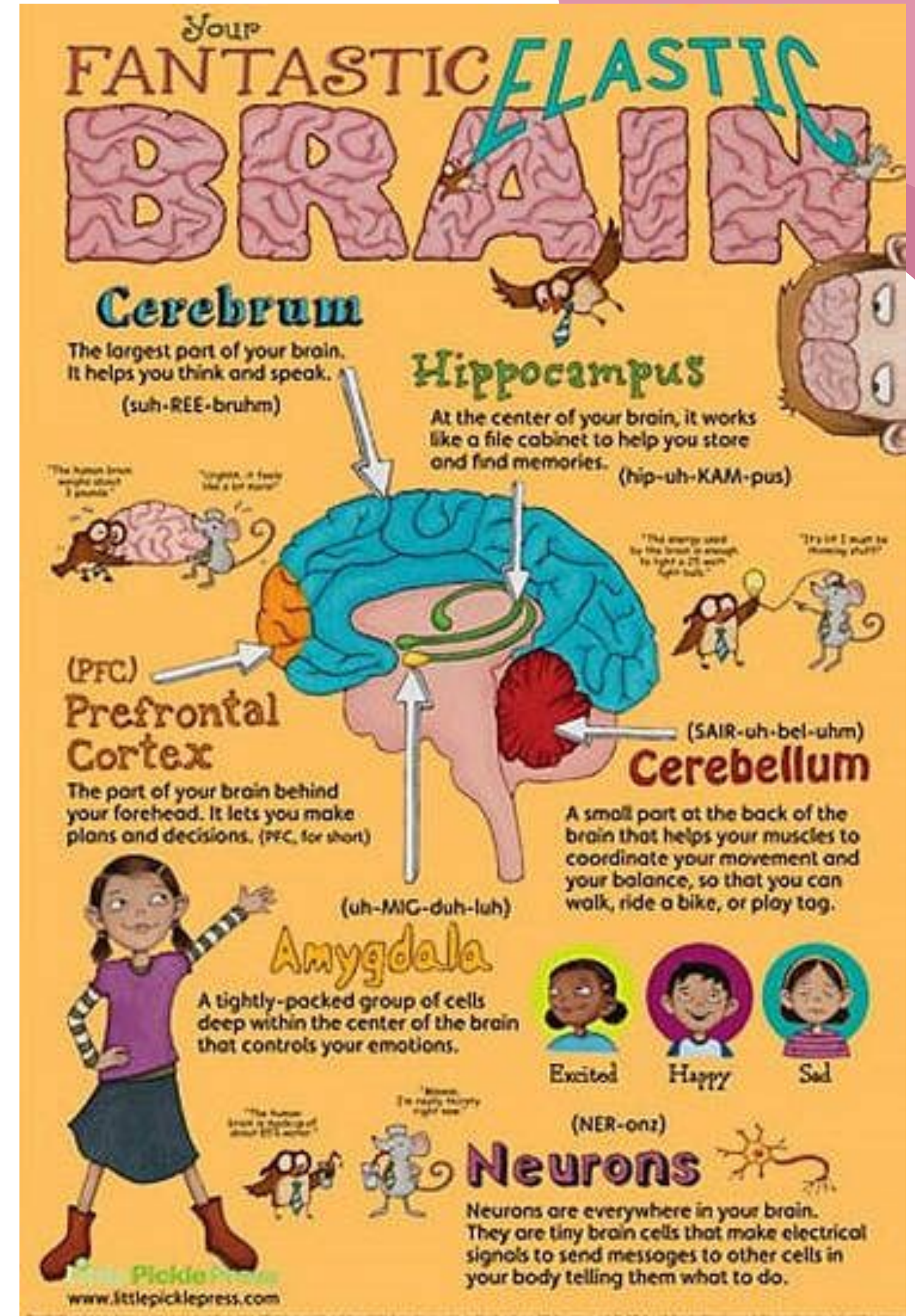
- Societal issues, like high-stakes testing.
- Adult's are “talking the talk” but not “walking the walk”



My Brain is a Muscle that I can Grow

For Younger Kids

For Older students

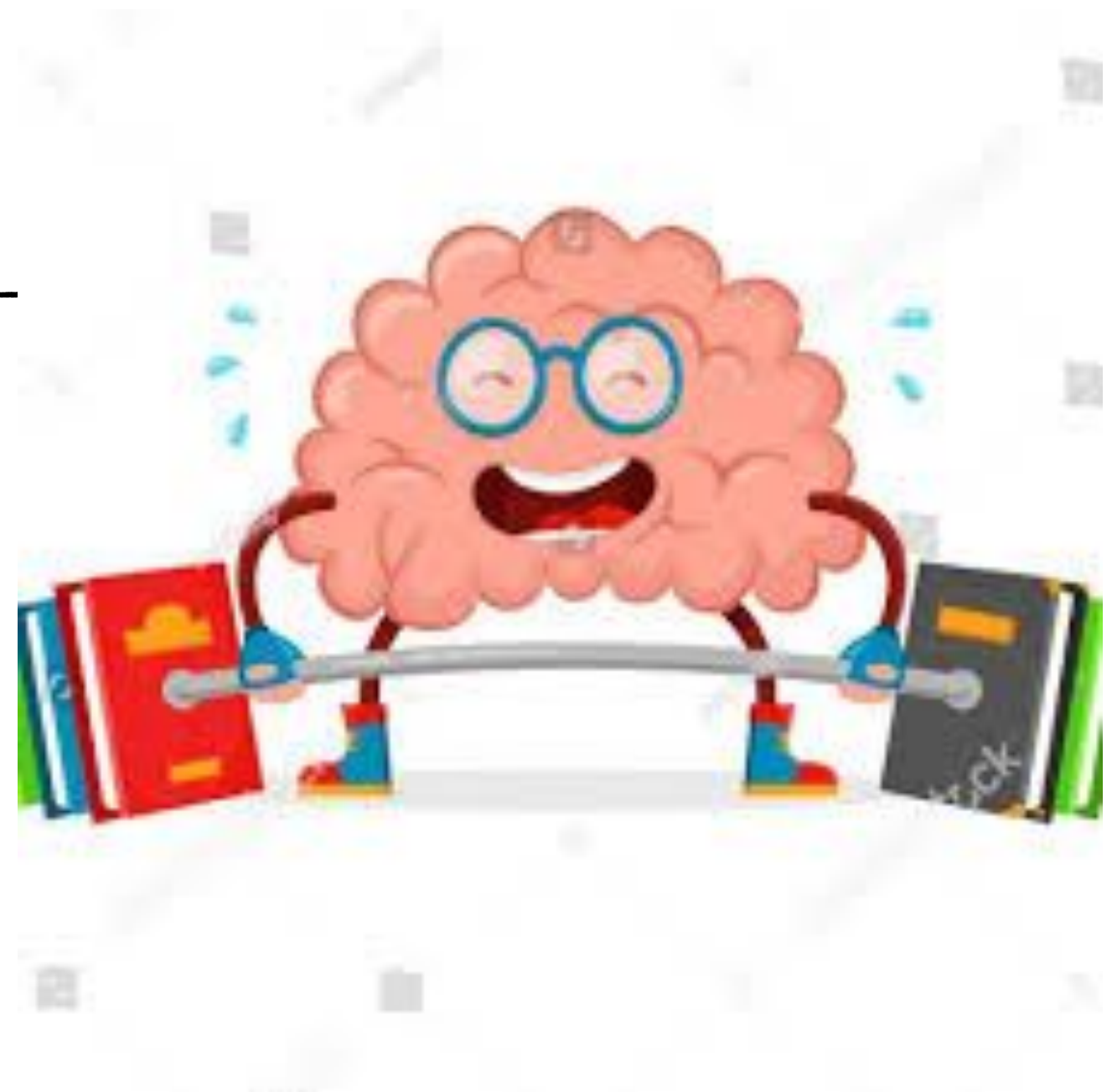


Five years ago I didn't know how to _____

Last year I didn't know how to _____

Last week I didn't know how to _____

I can train my brain!



Students, write your response!

10 Growth Mindset Statements



What can I say to myself?



INSTEAD OF:

TRY THINKING:

I'm not good at this.

I'm awesome at this.

I give up.

This is too hard.

I can't make this any better.

I just can't do Math.

I made a mistake.

She's so smart. I will never be that smart.

It's good enough.

Plan "A" didn't work.

1 What am I missing?

2 I'm on the right track.

3 I'll use some of the strategies we've learned.

4 This may take some time and effort.

5 I can always improve so I'll keep trying.

6 I'm going to train my brain in Math.

7 Mistakes help me to learn better.

8 I'm going to figure out how she does it.

9 Is it really my best work?

10 Good thing the alphabet has 25 more letters!

Change the
internal
conversation

(Original source unknown)

@sylvia duckworth



The Power of Yet

①

"I DON' T GET IT."
"I CAN' T DO THIS."
"THIS DOESN' T WORK."

②

TAKE A DEEP BREATH. GO FOR A SHORT STROLL. THEN ADD "YET" TO THE END OF YOUR SENTENCE:

③

AS IN:

"I DON' T GET IT...*yet.*"
"I CAN' T DO THIS...*yet.*"
"THIS DOESN' T WORK...*yet.*"

credit: carol dweck

Failing is how we learn!

“in the growth mindset, failure can be a painful experience. But it doesn't define you. It's a problem to be faced, dealt with, and learned from.” Carol Dweck



One time, I failed at _____.

I learned to _____.

Some of the strategies I used:



Students, write your response!

Develop Persistence

Give it your all

Redo if necessary

Ignore giving up

Take time to do it right



Ideas for Activities

1. Interview a person you admire about how they overcame a failure
2. Write a skit showing how to use the power of Y.E.T.
3. Growth Mindset
 - a. Artist Study
 - b. Inventor Study
 - c. Scientist Study
 - d. _____
4. GRIT Award
5. Quote of the Day
 - "I have not failed. I've just found 10,000 ways that won't work." — Thomas Edison



The Sorting Hat

By Sanmit Gaikwad

The Sorting Hat chose Gryffindor for me. Typically, the character traits of this house are bravery, daring, nerve, and chivalry. One way that I am daring is when I make risky plays for the lead in a basketball game. For example, the only way to win the game was to make a three-pointer and there were only four seconds left in the game so I got Dane open narrowly and slid a pass through the defender's legs. Dane got the ball, shot it and it went in and we won the game. This is one reason why I fit into Gryffindor.

Another reason why I belong in Gryffindor is that I am brave. I am brave when I stand up for my little brother when he is being pushed around by kids older than him at school.

The final reason why I belong in Gryffindor is that I have a nerve. Having nerves means that you have the guts to do something even when someone tells you not to. **Having nerves is also having determination and grit.** This is why I belong in Gryffindor.

Green is...

By Cameron #30

Green is flowing grass

Green is the colour of life

It's a leaf on a blooming flower

Green is good

Green is correct

Green is the colour that reminds people that they can do it

Green is clean

Green is a good community

Green is not mean

Green is g.r.i.t

Green is healthy

A seaweed flowing in the ocean

Green is luck

A sweet apple

A sour lime

Green is a shiny emerald

Green is a rebel

Calm

Green is hot wasabi

Creative

Green is a smelly pickle

Green is different

It makes you want to reach your goal

Scales of a lizard

Green is liberty

Green is a scent of fresh cut grass

Nathan's essay on why Lincoln was a better president than Washington

Paragraph 3

These reasons prove th-WAIT! But Washington got 100% of his votes!

Ah, but while Lincoln ran for president, he actually had competition. Washington got 100% of his votes because there was no one to compete against. Abe even lost his first round, but he **showed grit and kept going to win** the presidency. George Washington didn't have anything to deal with during his presidency, but Abe had to struggle with the civil war. Even though Abe didn't completely win, he still had to fight for it. Even though George Washington won the presidency fully, Abe still had to fight for it.

Teacher Sets the Tone

Growth Mindset is up to YOU!

- Acknowledge and celebrate your mistakes
/model how you learn from them
- Bring in error analysis as a daily routine (my favorite mistake)
- Praise the **effort** not the result
- Allow “redos” and missed assignments
- Provide alternative strategies
- Celebrate the successes!



Thank You



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A large, empty, green rounded rectangular box intended for student responses.

A large, empty, light gray rounded rectangular box intended for student responses.



Students, write your response!